

Privacy Policy

INTRODUCTION

VÁLYI VIKTÓRIA CSILLA E.V.(individual entrepreneur) (Headquarters: HUNGARY, 1034 BUDAPEST, SAN MARCO street 12-18: C building, 3rd floor: 1st, mailing address: HUNGARY, 1034 BUDAPEST, SAN MARCO street 12-18: C building, 3rd floor, 1st, Registration Number: 53842383, Tax Number: 69896783-1-41, (hereinafter "Data Controller") submits to the following information.

REGULATION (EU) No 2016/679 OF THE EUROPEAN PARLIAMENT AND OF THE COUNCIL of April 2016 on the protection of natural persons with regard to the processing of personal data and on the free movement of such data and repealing Regulation (EC) No 95/46 (General Data Protection Regulation) 27.), the following information is provided.

This Privacy Policy governs the privacy of the following pages (web pages):

- dieta4life.hu

The privacy notice is available at:

- https://dieta4life.hu/wp-content/uploads/2019/11/Adatkezelési_Tájékoztató_D4L.pdf
- https://dieta4life.hu/wp-content/uploads/2019/11/Privacy_Policy_D4L.pdf
- Amendments to the prospectus will take effect upon publication at the above address.

DATA MANAGER AND CONTACTS:

Name: VÁLYI VIKTÓRIA CSILLA E.V.

Headquarters: HUNGARY, 1034 BUDAPEST, SAN MARCO street 12-18./C/3/1

Postal address: HUNGARY, 1034 BUDAPEST, SAN MARCO street 12-18./C/3/1

Representative: VÁLYI VIKTÓRIA CSILLA

Email: info@dieta4life.hu

Phone: +36 30 961 17 71

RESPONSIBLE FOR DATA PROTECTION/PRIVACY:

Name: Dr. Judit Pap

Postal address: 1077 Budapest, Jósika utca 22.

Email: papdrj@gmail.com

Phone: +36 30 6767702

DEFINITIONS

1. "Controller" shall mean any natural or legal person, public authority, agency or any other body which alone or jointly with others determines the purposes and means of the processing of personal data; where the purposes and means of data processing are determined by Union or Member State law, the controller or specific aspects of the designation of the controller may be defined by Union or Member State law.

2. Data management: any operation or combination of operations, whether automated or not, carried out on personal data or data files, such as collection, recording, filing, sorting, storing, altering or altering, retrieving, accessing, using, transmitting, distributing or otherwise by making available, coordinating or linking, limiting, deleting or destroying.

3. Data processing: the performance of technical tasks related to data processing operations, irrespective of the method and means used to perform the operations, and of the place of application, provided that the technical task is performed on the data.

4. Data processor: any natural or legal person, public authority, agency or body any other body which processes personal data on behalf of the controller;

5. Privacy incident: A security breach that is transmitted, stored, or otherwise accidental or unlawful destruction, loss, alteration, unauthorized disclosure, or unauthorized access thereto results.

6. Addressee: shall mean any natural or legal person, public authority, agency or any other body to whom the personal information is communicated, whether third party or not. Those public authorities which, in the context of a specific investigation, are EU or Member State authorities have access to personal data in accordance with the law and are not considered as recipients; the processing of such data by these public authorities shall be in accordance with data management applicable data protection rules;

7. Data subject / User: any natural person identified or directly or indirectly identifiable on the basis of personal data.

8. User Consent: any natural or legal person, public authority, agency or any other body to whom personal information is disclosed, whether a third party or not. Public authorities which have access to personal data in the framework of an individual investigation in accordance with Union or Member State law shall not be considered as recipients; the processing of such data by these public authorities shall comply with the applicable data protection rules in accordance with the purposes of the processing.

7. Data subject / User: any natural person identified or directly or indirectly identified on the basis of personal data.

8. Contribution of the Data subject / User: a voluntary, explicit and unambiguous expression of the will of the data subject, by which the data subject declares or expresses his or her consent by expressing his or her consent to the processing of personal data concerning him or her.

9. Third party: any natural or legal person, or any entity without legal personality, other than the user, the controller or the processor.

10. Personal Data: Any information relating to an identified or identifiable natural person ("data subject"); identifiable by a natural person who, directly or indirectly, in particular by virtue of one or more factors such as name, number, position, online identification or physical, physiological, genetic, mental, economic, cultural or social identity of the natural person identified.

PRINCIPLES ON THE MANAGEMENT OF PERSONAL DATA

Personal information:

(a) it must be administered in a manner which is lawful and fair and transparent to the data subject ('legality, due process and transparency');

(b) they are collected for specified, explicit and legitimate purposes and not managed in a way incompatible with those purposes; further processing of data for archiving purposes in the public interest, for scientific and historical research or for statistical purposes ("purpose limitation") shall not be considered incompatible with the original purpose, in accordance with Article 89 (1);

(c) they must be appropriate and relevant to the purposes for which the data are processed and must be limited to what is necessary ('data-saving');

(d) be accurate and, where necessary, kept up to date; every reasonable step must be taken to ensure that personal data which are inaccurate for the purposes of the processing are immediately deleted or rectified ('accuracy');

(e) kept in a form which permits identification of data subjects for no longer than is necessary for the purposes for which the personal data are processed; personal data may be stored for a longer period only if they are processed for archiving in the public interest, for scientific and historical research purposes or for statistical purposes in accordance with Article 89 (1). subject to the implementation of appropriate technical and organizational measures to protect its freedoms ("limited storage");

(f) processed in a manner that ensures appropriate security of personal data, including protection against unauthorized or unlawful processing, accidental loss, destruction or damage, through the use of appropriate technical or organizational measures ("integrity and confidentiality").

(g) The controller shall be responsible for the compliance with the above and shall be able to justify such compliance ("accountability").

RIGHTS OF THE INDIVIDUAL IN RESPECT OF DATA PROCESSING

By using GDPR you can exercise much more control over your data. You will continue to exercise your rights under GDPR and Info TV for the entire duration of your data management. In addition to knowing who and what data is being processed, you can request the rectification, clarification, portability and deletion of your data, as well as protest against specific data processing.

(a) ***The data subject may request access to his or her personal data***, under which the data subject shall have the right to obtain feedback from the controller on the processing of his or her personal data and, if such processing is ongoing, Access to information specified in the GDPR (Article 15 GDPR);

- (b) The data subject may request ***the rectification of his or her personal data***, which entitles the data subject to rectify any personal data relating to him or her without undue delay. Having regard to the purpose of the processing, the data subject shall have the right to request that personal data which are incomplete be supplemented, including by means of a supplementary declaration (Article 16 GDPR);
- (c) The data subject may request ***the deletion of his / her personal data***, so the data subject shall have the right to delete the personal data relating to him / her without undue delay, and the data controller shall delete the personal data concerning the data subject without undue delay if justified by GDPR. according; a deletion request cannot be executed in the case of data processing required by law (Article 17 GDPR).
- (d) The data subject ***may request a restriction on the processing of his or her personal data***, which entitles the data subject to request that the data controller restrict the processing if the condition of the GDPR is fulfilled (Article 18 GDPR).
- (e) The data subject ***may request the exercise of his or her data portability right*** to receive personal data relating to him or her which he or she has made available to a data controller in a structured, widely used, machine-readable format, and transfer it to another controller without being hindered by the controller whose personal data have been made available to him, subject to the conditions set out in the GDPR (Article 20 GDPR).
- (f) The data subject ***may object to the processing of personal data*** and the data subject shall have the right at any time to object to the processing of his or her personal data based on Article 6 (1) (e) or (f), including profiling based on those provisions. too. In this case, the controller may not further process the personal data unless the controller proves that the processing is justified by compelling legitimate reasons, which take precedence over the interests, rights and freedoms of the data subject, or which are necessary to assert, assert or defend a legal claim. They are attached; a request for opposition may not be complied with in the case of statutory data processing (Article 21 GDPR).
- g) Any request related to data processing must be submitted to the Data subject's e-mail address of the data controller info@dieta4life.hu.

DATA TREATMENTS

I. WEB STORE AND DATA MANAGEMENT RELATED TO THE OPERATION OF WEBSITES

1. The fact of collecting the data, the scope of the data processed and the purpose of the processing, and its legal basis:

Personal data	Purpose of data management	Data management legal basis
Surname and first name	Required for contacting, purchasing, and issuing a valid invoice	GDPR Article 6 (1) (a) Contribution
E-mail address	liaising with billing regarding contract performance	Article 6 (1) GDPR (a) consent; Article 6 (1) (b) is required for the performance of a contract
Phone number	communication, billing, contract execution	GDPR Article 6 (1) (a) Contribution
Billing name, address, bank account number	contact, related to billing	Article 6 (1) GDPR (c) a legal obligation; Article 6 (1) (b) is required for the performance of a contract
Date of purchase/registration	Performing a technical operation, monitoring the performance of a contract	Article 6 (1) (b) of the GDPR is necessary for the performance of a contract
The IP address at the time of purchase/registration	Performing a technical operation, monitoring the performance of a contract	Article 6 (1) (b) of the GDPR required for performance of contract

* *Neither your username nor your email address require personal information.*

2. Stakeholders: All stakeholders registered on the Website or using the Service.

3. Duration of data processing, deadline for deletion of data: immediately upon deletion of registration. Pursuant to Article 19 of the GDPR, the controller shall inform the data subject by electronic means of the deletion of any personal data provided by the data subject. If the deletion request of the data subject extends to the e-mail address provided by the data subject, the controller will also delete the e-mail address upon notification. Except in the case of accounting documents, since § 169 (2) of Act C of 2000 on Accounting requires that these data be retained for 8 years.

The accounting document (including general ledger accounts, analytical and accounting records) supporting the accounts directly and indirectly must be kept in a legible form for at least 8 years, retrievable by reference to the accounting records.

4. Identity of potential data controllers entitled to access the data, recipients of personal data: Personal data may be handled by the data controller or his / her authorized staff in accordance with this information.

5. Legal basis for data management:

5.1. Article 6 (1) (a) and in some cases Article 6 (1) (b) of the GDPR

5.2. Act CVIII of 2001 on Certain Issues in Electronic Commerce Services and Information Society Services 13 / A. § (3):

The Data Controller may, for the purpose of providing the Service, manage such personal data as is technically necessary for the provision of the Service. Subject to other terms and conditions, the Controller shall select and in any case operate the tools used in the provision of the information society service in such a way that personal data is processed only if it is strictly necessary for the provision of the service and for other purposes specified in this Act. however, in this case only to the extent and for the time necessary.

5.3. In the case of an invoice issued in accordance with the accounting rules, Article 6 (1) (c).

5.4. In the event of claims arising from the contract, Act V of 2013, Article 6:21 of the Civil Code. § 5 years.

6. Please be advised that

- the data management is necessary for the performance of the contract.
- You must provide personal information to enable us to fulfill your order.
- Failure to provide data will result in the inability to process your order.

II. DATA MANAGED IN THE QUESTIONNAIRE

1. Scope of data

Package Names: In the case of a personalized dietary counselling, lifestyle guidelines questionnaire:

- Which age group do you belong to?
- How tall are you?
- What is your current weight?
- What is your goal with the program? (eg I would like to lose 8 pounds. / I want to live healthy / I am already exercising but I do not know how to eat properly / I want to be muscled etc.)
- How many times do you eat a day? At what time of day?
- What foods do you consume? Which is your favorite?
- Are you currently dieting? If so, how?
- Do you check the composition of the food? What are the carbs, fats, and calories?
- How often do you eat vegetables and fruits? How much?
- How much do you eat spicy / salty / sweet?
- How much fluid do you consume a day? In what form? (coffee, soft drinks, tea, etc.)
- Are you taking vitamins and supplements? If so, what exactly and in what dose?
- Other note (anything you think may be important)

Package Names: Workout Programme – beginner, advanced questionnaire:

- How much time do you spend exercising in general a week? What kind?
- How long have you been exercising regularly?

- Have you had any injuries?
- What is your goal with sport? (Weight Loss / izmosítás / weight increase)?
- How active are you in your work? (Easy - eg office work / Medium - eg maintenance / Difficult - eg waiter, loading agent, etc.)
- Do you prefer to workout at the gym or do you prefer home exercises?
- Other note (anything you think may be important)

Package Names: Personalized dietary counselling, lifestyle pack and beginner/advanced workout programme questionnaire:

- Which age group do you belong to?
 - How tall are you?
- What is your current weight?
- What is your goal with the program? (eg I would like to lose 8 pounds. / I want to live healthy / I am already exercising but I do not know how to eat properly / I want to be muscled etc.)
- How many times do you eat a day? At what time of day?
- What foods do you consume? Which is your favorite?
- Are you currently dieting? If so, how?
- Do you check the composition of the food? What are the carbs, fats, and calories?
- How often do you eat vegetables and fruits? How much?
- How much do you eat spicy / salty / sweet?
- How much fluid do you consume a day? In what form? (coffee, soft drinks, tea, etc.)
- Are you taking vitamins and supplements? If so, what exactly and in what dose?
- Other note (anything you think may be important)
- How much time do you spend exercising in general a week? What kind?
- How long have you been exercising regularly?
- Have you had any injuries?
- What is your goal with sport? (Weight Loss / izmosítás / weight increase)?
- How active are you in your work? (Easy - eg office work / Medium - eg maintenance / Difficult - eg waiter, loading agent, etc.)
- Do you prefer to workout at the gym or do you prefer home exercises?
- Other note (anything you think may be important)

2. **Stakeholders:** All Stakeholders registered on the Website and completing the questionnaire.

3. **Duration of Data Management:** If no purchase is made, we will respond to your data cancellation request as soon as possible, but no later than 15 days. The data of the questionnaire, if the service has been completed, shall be deleted within 60 days of the completion of the service upon special request of the User. Questionnaire data of Inactive Users will be deleted one year after the last activation, upon prior notice to the User.

4. **Identity of potential data controllers entitled to access the data, recipients of personal data:** Personal data may be processed by authorized data controller employees in accordance with the provisions of this information.

5. **Legal basis for the processing:** Article 6 (1) (a) GDPR.

6. Please be advised that

- Failure to provide or incomplete response will result in the inability to tailor the requested service to your individual requirements.

REQUIRED DATA PROCESSORS

I. Delivery

1. Data processing activity: delivery of goods, transportation
2. Name and contact details of the data processor:
Magyar Posta Zrt. (MPL courier service and postal delivery)
Address: 1138 Budapest, Dunavirág utca 2-6.
Postal address: Budapest 1540
E-mail: ugyfelszolgalat@posta.hu
Privacy Policy: https://posta.hu/adatkezelesi_tajekoztato
3. Fact of data management, scope of data processed: shipping name, shipping address, telephone number, e-mail address.
4. Stakeholders: All stakeholders requesting home delivery.
5. Purpose of Data Management: Delivery of the ordered product to your home.
6. Duration of data processing, deadline for deletion of data: It lasts until the time of delivery.
7. Legal basis for the processing: Article 6 (1) (b).

II. Data Manager storage

1. Data processing activities: Storage services
2. Name and contact details of the data processor:
- Nordhanger Kft., Registered office: 1013 Budapest Attila út 2. B staircase, 5 floors 8 .; e-mail address info@nordhanger.hu; website name: nordhanger.hu
3. The fact of data processing, the scope of the data processed: all personal data provided by the data subject.
4. Stakeholders: All stakeholders who use the site.
5. Purpose of data management: to make the website accessible and to operate it properly.
6. Duration of data processing, deadline for deletion of data: until the termination of the agreement between the data controller and the storage data controller, or until deletion of the data subject's request to the storage data controller.
7. Legal basis for the processing: Article 6 (1) (c) and (f), and Article CVIII of the 2001 Act on certain aspects of electronic commerce and information society services. 13 / A. (3).

II. Website operator

1. Data processor activity: Website operator
2. Name and contact details of the data processor:
- Nordhanger Kft., Registered office: 1013 Budapest Attila út 2. B staircase, 5 floors 8 .; e-mail address info@nordhanger.hu; website name: nordhanger.hu
3. The fact of data processing, the scope of the data processed: all personal data provided by the data subject.
4. Stakeholders: All stakeholders who use the site.
5. Purpose of data management: proper operation of the website.
6. Duration of Data Management, Deadline for Deletion of Data: The data management shall continue until the termination of the agreement between the Data Controller and the Storage Data Controller or the data subject's request for deletion to the Storage Data Controller.
7. Legal basis for the processing: Article 6 (1) (c) and (f), and Article CVIII of the 2001 Act on certain aspects of electronic commerce and information society services. 13 / A. (3).

III. Billing Related Tasks

1. Data processing activity: billing
2. Name and contact details of the data processor:
Name of biller: Octonull Kft.
Headquarters: 1085 Budapest, József körút 74. 1st floor. 6th
Mailing address: 1085 Budapest, József körút 74. 1st floor. 6th
Web access: <https://www.billingo.hu/>
Privacy Policy: <https://www.billingo.com/felhasznalasi-feltetelek>

3. Fact of data management, scope of data processed: billing name, billing address, shipping name, shipping address, email address, billing, payment related information. bank account number and bank name only for those who pay by wire transfer.
4. Stakeholders: All stakeholders placing orders on the website.
5. Purpose of data management: to issue invoice / bookkeeping tasks related to the services of the website, as required by law.
6. Duration of data processing, deadline for deletion of data: Immediately upon deletion of registration. Pursuant to Article 19 of the GDPR, the controller shall inform the data subject by electronic means of the deletion of any personal data provided by the data subject. If the deletion request of the data subject extends to the e-mail address provided by the data subject, the controller will also delete the e-mail address upon notification. Except in the case of accounting documents, since § 169 (2) of Act C of 2000 on Accounting requires that these data be retained for 8 years. In the case of a customer who does not require registration, the data will be deleted 30 days after the purchase.
The accounting document (including general ledger accounts, analytical and accounting records) supporting the accounts directly and indirectly must be kept in a legible form for at least 8 years, retrievable by reference to the accounting records.
7. Legal basis for the processing of data: Article 6 (1) (c) of the GDPR and Article CVIII of the 2001 Act on certain aspects of electronic commerce services and information society services. 13 / A. (3).

IV. Sending newsletters and sending electronic messages (e-mail) containing advertising

1. Data processor activity: sending newsletters and electronic messages containing advertising to the data subjects.
2. Name and contact details of the data processor:
Nordhanger Kft., Registered office: 1013 Budapest Attila út 2. B staircase, 5 floors 8 .; e-mail address info@nordhanger.hu; website name: nordhanger.hu
3. Fact of data management, scope of data processed: name, e-mail address, shipping address, billing address, telephone number when ordering
4. Stakeholders: All stakeholders have subscribed to the newsletter as well as electronic messages containing advertising.
5. Purpose of data management: sending the newsletter requested by the data subject and sending electronic messages containing advertising.
6. Duration of data processing, deadline for deletion of data: immediately upon deletion of registration. Pursuant to Article 19 of the GDPR, the controller shall inform the data subject by electronic means of the deletion of any personal data provided by the data subject.
7. Legal basis for the processing of data: consent of the data subject, Article 6 (1) (a) and (f), and Act XLVIII of 2008 on the basic terms and conditions of commercial advertising activity. § 6 (5) of the Act:
The advertiser or the advertiser shall keep records of the personal data of persons who make a statement to that effect within the scope of the consent. The data contained in this register relating to the recipient of the advertisement may be processed only as stated in the consent statement until it is revoked and may be disclosed to a third party only with the prior consent of the person concerned.
More information on sending newsletters, sending electronic messages containing advertisements (e-mail, sms, push messages) can be found below.

ADDRESSEES TO WHICH PERSONAL DATA SHALL BE COMMUNICATED (TRANSMISSION):

I. Online payment

1. Recipient's activity: Online payment
2. Recipient's name and contact information: Barion Payment Zrt. 1117 Budapest, Infopark sétány 1. I. Ép. 5th em. 5th
contact: <https://www.barion.com/>
3. Fact of data management, scope of data processed: billing information, credit card number, name, email address
4. Stakeholders: All stakeholders who choose to pay on the website.
5. Purpose of data management: fraud-monitoring for online payment, transaction confirmation and user protection

6. Duration of data processing, deadline for deletion of data: until online payment is made.
7. Legal basis for the processing: Article 6 (1) (b) of the GDPR, the processing is necessary for the online payment at the request of the data subject.

COOKIE POLICY

1. The cookies specific to the Website are the so-called "password-protected session cookies", "required cookies" and "security cookies" as well as preferred, statistical and marketing cookies.
2. The fact of data management, the scope of the processed data: unique identification number, dates, times.
3. Stakeholders: All stakeholders who visit the site.
4. Purpose of data management: identification of users, registration of "shopping cart" and tracking of visitors.
5. Duration of the data processing and deadline for deletion of the data:
Cookie type: tk_ai, _gat_gtag_UA_143050990_1, _gid, _ga,
Legal basis for data management: Act CVIII of 2001 on certain issues of electronic commerce services and information society services. 13 / A. (3)
Data Duration: The period of time until the end of the relevant visitor session
Managed data set: connect.sid
6. Identity of potential data controllers authorized to access the data: the data controller does not process personal data by using cookies.
7. Disclosure of data subjects 'data management rights: data subjects have the opportunity to delete cookies in the browsers' Tools / Settings menu, usually under the Privacy menu options.
8. Legal basis for data management: The data subject's consent is not required if the sole purpose of the use of cookies is to transmit communications over an electronic communications network or to provide the information society service explicitly requested by the subscriber or User.

USING GOOGLE ADWORDS CONVERSION TRACKING

1. The controller uses an online advertising program called "Google AdWords" and uses Google's conversion tracking service. Google Conversion Tracking is a service provided by Google Inc. (1600 Amphitheater Parkway, Mountain View, CA 94043, USA; "Google").
2. When a User accesses a web page through a Google ad, a cookie is needed for conversion tracking on his computer. These cookies are limited in their validity and do not contain any personal information and cannot be identified by the User.
3. When the User browses certain pages of the Website and the cookie has not expired, Google and the Data Controller may also see that the User has clicked on the advertisement.
4. Each Google AdWords customer receives a different cookie so that they cannot be tracked through their AdWords customer websites.
5. The information you obtain through conversion tracking cookies is used to generate conversion statistics for your AdWords conversion tracking clients. This is how customers are informed about the number of users who click on their ad and are sent to a page with a conversion tracking tag. However, they do not have access to information that would identify any user.
6. If you do not want to participate in conversion tracking, you can opt out by disabling cookies on your browser. After that, you won't be included in your conversion tracking statistics.
7. More information and the Google Privacy Statement can be found at www.google.de/policies/privacy/

APPLYING GOOGLE ANALYTICS

1. Our website uses the Google Analytics application, a web analytics service provided by Google Inc. ("Google"). Google Analytics uses so-called "cookies", text files that are stored on your computer, to help you analyze the use of a web page that a User visits.
2. Information generated by the cookies associated with the User's use of the Site is typically stored and stored on a Google server in the US.
By activating the IP anonymization web site, Google will shorten the User's IP address within the Member States of the European Union or other States party to the European Economic Area Agreement.

3. The full IP address will be transmitted to and shortened to Google's server in the US only in exceptional cases. Google will use this information on behalf of the operator of this web site to evaluate how the user has used the web site, to report web site activity to the web site operator, and to provide additional services related to the use of the web site and the Internet.
4. Within the Google Analytics framework, the IP address transmitted by the User's browser will not be reconciled with any other Google data. The User may prevent the storage of cookies by properly configuring his / her browser, however, please note that in this case, not all features of this website may be fully utilized. You may also prevent Google from collecting and processing your cookie-related information about your use of the Website (including your IP address) by downloading and installing the browser plug-in available at the following link. <https://tools.google.com/dlpage/gaoptout?hl=hu>

NEWSLETTER, DM ACTIVITY

1. Act XLVIII of 2008 on the General Conditions and Certain Limitations of Economic Advertising Activities. Pursuant to Article 6 of the Act, the User may in advance and expressly consent to contact the Data Controller with his or her advertising offers and other mailings at the contact details given at registration.
2. Furthermore, subject to the provisions of this information, the User may consent to the Data Controller processing personal data necessary for sending advertising offers.
3. The Data Controller shall not send unsolicited advertising messages and the User may, without limitation and without justification, unsubscribe from sending offers. In this case, the Data Controller will delete all personal data necessary for sending advertising messages and will not contact the User with any further advertising offers. User can unsubscribe from ads by clicking on the link in the message.
4. The fact of collecting data, the scope of the data processed and the purpose of data management:

Personal data	Purpose of data management
Name, email	Identification, newsletter sign-up
Subscription Time	Perform a technical operation
Subscription IP address	Perform a technical operation

5. Stakeholders: All stakeholders who sign up for the newsletter.
6. Purpose of data management: sending electronic messages containing advertising (e-mail, sms, push message) to the data subject, providing information about current information, products, promotions, new features, etc.
7. Duration of data processing, deadline for deletion of data: data processing will take place until withdrawal of consent, ie withdrawal.
8. Identity of potential data controllers entitled to access the data, recipients of personal data: The personal data may be managed by the data controller and his / her staff, subject to the above principles.
9. The subscriber can unsubscribe at any time, free of charge.
10. Legal basis for data processing: consent of the data subject, Article 6 (1) (a) and (f), and Act XLVIII of 2008 on the basic terms and conditions of commercial advertising activities. § 6 (5) of the Act:
The advertiser, the advertising service provider, or the advertiser of the advertisement shall keep records of the personal data of the persons who make a statement with their consent within the scope defined in the consent. The data contained in this register relating to the recipient of the advertisement may be processed only as stated in the consent statement until it is revoked and may be disclosed to a third party only with the prior consent of the person concerned.
11. Please be advised that
 - Data management is based on your consent.
 - Failure to provide this information will result in us being unable to send you a newsletter.

SOCIAL MEDIA - COMMUNITY SITES

1. The fact of collecting data, the scope of data processed: Facebook / Google + / Twitter / Pinterest / Youtube / Instagram etc. your community name and your public profile picture.
2. Stakeholders: Anyone who has registered on Facebook / Google + / Twitter / Pinterest / Youtube / Instagram etc. social networking sites and "liking" the site.
3. Purpose of Data Collection: To share or "like" or promote certain content, products, promotions or the website itself on social networking sites.
4. Duration of data processing, time limit for deletion of data, identity of potential controllers who are entitled to know the data and description of data controllers' rights: The source of the data, its processing and the method and legal basis of the data subject. Data management is done on social networking sites, so the duration, method of data management, and the options for deleting and modifying data are governed by the specific social networking site.
5. Legal basis for processing the data: Voluntary consent of the data subject to the processing of their personal data on social sites.

IMAGE MANAGEMENT

1. Data Controller Activity: User's own photo upload.
2. Stakeholders: All Users who upload an image to the Website.
3. Duration of data management: maximum 2 years from the date of upload or until withdrawal of consent.
4. Legal basis for data management: Article 6 (1) (a) of the GDPR and Article 2:48 of Act V of 2013 on the Civil Code. § Based on.
5. Photo storage location:
 - dieta4life.hu,
 - www.instagram.com/dieta4life/
 - <http://www.facebook.com/dieta4life>
6. Authorized access to photos: User-uploaded photos are public to visitors to the site.

CUSTOMER RELATIONS AND OTHER DATA MANAGEMENT

1. Should you have any questions or problems with using the Data Management Services, you may contact the Data Controller in the ways specified on the Website (e-mail, social networking sites, etc.).
2. Data manager for incoming emails, messages, phone, Facebook etc. You will delete any information you provide, along with your contact name and email address, and any other personally identifiable information you provide, no later than one year after the date of disclosure.
3. Data processing not listed in this brochure will be reported at the time of recording.
4. The Data Controller shall, upon exceptional request of the Authority or upon request of other authorities on the basis of the law, provide information, communicate, transfer or make available documents.
5. In these cases, the Data Controller shall provide the requester with personal data only to the extent and to the extent necessary to achieve the purpose of the request, provided that the purpose and scope of the data are specified.

COMPLAINT TREATMENT, REMEDY

Data management

The data subject may object to the processing of personal data, and the data subject shall have the right to object at any time to the processing of his or her personal data based on Article 6 (1) (a), (e) or (f) of the GDPR, including those provisions. based profiling. In this case, the controller may not further process the personal data unless the

controller proves that the processing is justified by compelling legitimate reasons, which take precedence over the interests, rights and freedoms of the data subject, or which are necessary to assert, assert or defend a legal claim. They are attached; a request for opposition may not be complied with in the case of statutory data processing (Article 21 GDPR).

the application should be sent to info@dieta4life.hu. The Data Controller shall provide written notice in the shortest time, but not more than 25 days (15 days in the case of a protest). In addition, in the event of a violation of law, you can go to court (the litigant may also choose to bring the matter before the competent court of your place of residence or residence) and the National Data Protection and Freedom of Information Authority (1125 Budapest, Szilágyi Erzsébet fasor 22 / c., Tel .: 06 -1-391-1400, Website URL: <http://naih.hu>, Email Address: ugyfelszolgalat@naih.hu) can also be contacted.

Protest against direct sales

If personal data is processed for the purpose of direct marketing, the Data subject shall have the right to object at any time to the processing of personal data for this purpose, including profiling, if it is related to direct marketing. If the Data subject objects to the processing of personal data for the purpose of direct marketing, the personal data may no longer be processed for this purpose.

AUTOMATED DECISION-MAKING

Decisions based on automated data management are not made at Data Controller.

TRANSMISSION OF DATA TO A THIRD COUNTRY

No data is transferred to a third country.

SECURITY OF DATA MANAGEMENT

Appropriate technical and organizational measures shall be taken by the Data Controller and the Data Processor to take into account the state of science and technology and the costs of its implementation, as well as the nature, scope, circumstances and purposes of data processing and the varying likelihood and severity of the rights and freedoms of natural persons. to guarantee a level of data security appropriate to the degree of risk, including, where appropriate:

- (a) the aliasing and encryption of personal data;
- (b) ensuring the continued confidentiality, integrity, availability and resilience of systems and services used for the processing of personal data;
- (c) in the event of a physical or technical incident, the ability to restore access to, and availability of, personal data in a timely manner;
- (d) a procedure for regularly testing, evaluating and evaluating the effectiveness of technical and organizational measures taken to ensure security of data processing.